



# Yippee

## Storytelling Modules

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Yippee

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## Collaboration with SAI

The SAI in Bovino, run by the municipality since 2016, offers support to migrants after the initial reception phase in Italy. It is a network of experts, mediators and assistants who guide migrants in the second phase of reception, helping them with integration. This includes legal assistance, acquisition of refugee status, simplification of bureaucratic procedures and support in obtaining residence permits. Meridaunia, like LAG, supports similar initiatives and has long collaborated with SAI, recognised as an important resource for the Monti Dauni area. For the YIPPEE project workshop, it was deemed appropriate to involve experts from SAI, as it is part of an integrated network at provincial, regional and national level.

# Methodology

The methodology used developed in collaboration with experts from SAI in Bovino. It's implemented to:

- to get migrants to open up through storytelling.
- the expert psychologists and social workers, together with the mediators, often use it as soon as the migrants arrive at the facility.
- the workshops take place in the form of open dialogue.



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## 'The Suitcase of Memories'

Consists precisely in telling each other, trying to metabolise what has happened, sharing commonalities among migrants. Recover the main emotions: joy, anger, sadness, fear, disgust, contempt and surprise. From this, one must start again.

## Open Dialogue

Duration: 2 hours

Number of Participants: 6

Age Range: 15-25 years old

The activity consists of several steps of dialogue with migrants. Personal experiences are shared, one after the other. These experiences are placed inside the suitcase, together with the participants' future goals and plans.

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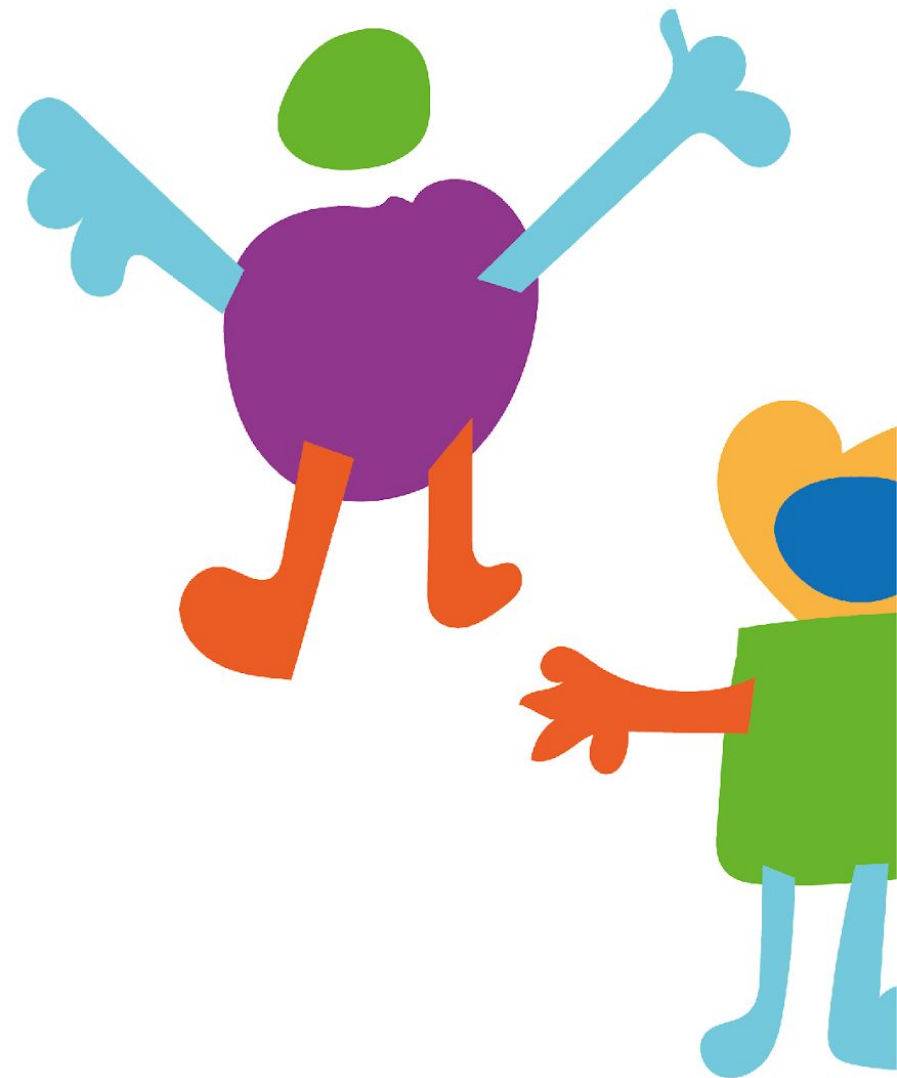
# OPEN DIALOGUE

## MATERIALS

Sheets, pens or colours.

## OBJECTIVES

- Fostering an open dialogue to collect stories;
- Understand what are the strengths of accommodation and welcoming in Italy;
- What are the weak points, those to be improved;
- Create collaboration and support, both among the participants and the collaborators present;
- Create the preconditions for a new start, a new life in the host country, through sharing and empathy.



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# OPEN DIALOGUE

## INSTRUCTION

- 1) Put participants at ease, introduce each other. Share the objective of the workshop and why their stories are important.

Ask questions that stimulate conversation, like: When did you arrive in Italy?, Why this country?, What was the journey like?, Who did you leave with?

- 1) The arrival in the host country, what about the impressions, the most difficult moment and the greatest lack
- 2) Points of improvement, the greatest satisfaction, the help in critical moments
- 3) Free sharing, migrants Feel free to share any moment, positive or negative, through a song, a scene from a film, an image, a photo. This work involves the cooperation of social workers and experts. Both parties expose their goals and emotions.
- 4) After one year, the suitcase is reopened, the workshop will be repeated and the answers, emotions, stories and expectations are compared with the results achieved, over a year of integration.



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# OPEN DIALOGUE

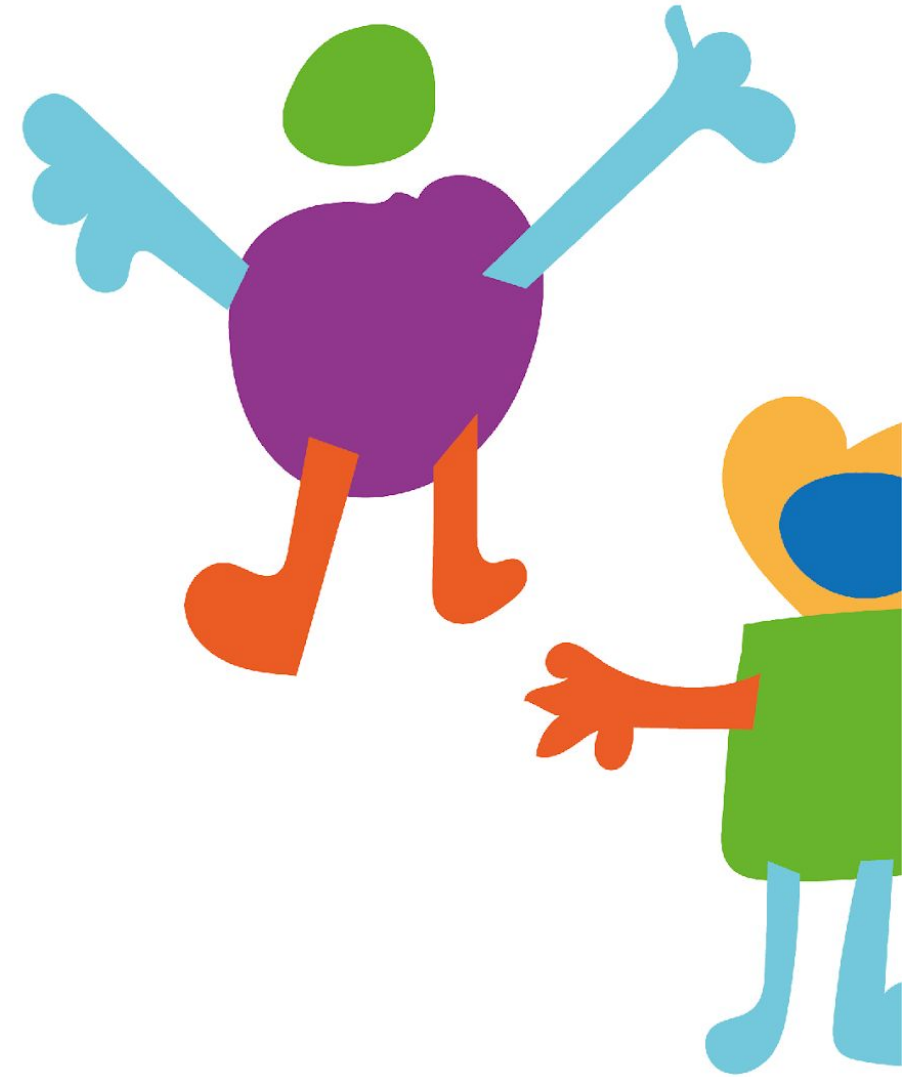
## EVALUATION

All moments of sharing are compared and analysed. From the journey, to relocation, integration, first impressions, critical points and strengths of the Italian reception system. Lines common to all or most participants are highlighted.

For example, it was shown during the workshop that the subject of the journey remains the most difficult to tell. It is the most suffering part, where silence speaks for itself.

Data are collected in order to improve the integration process. One focuses on the goals of the co-workers and participants.

One year later, the data from the stories are collected, the journey is analysed, and it will be seen if the initial goals were achieved.



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## Storytelling workshops Tips by Experts

Initially, it was very difficult to put the participants at ease, communicate trust and respect for their stories and experiences. Certainly the outcome of the workshop was facilitated by the presence of the experts and collaborators, who supported the participants and ran the storytelling workshop, based on the methodology they had already adopted previously.

We present here the most important tips and suggestions they gave.

# Tips and Recommendations



- 1) Creating a healthy and inclusive environment
- 2) Providing emotional support
- 3) Using participatory methodologies
- 4) Respect linguistic and cultural diversity
- 5) Foster continuity and support  
Post-workshop



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# Thank You!

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